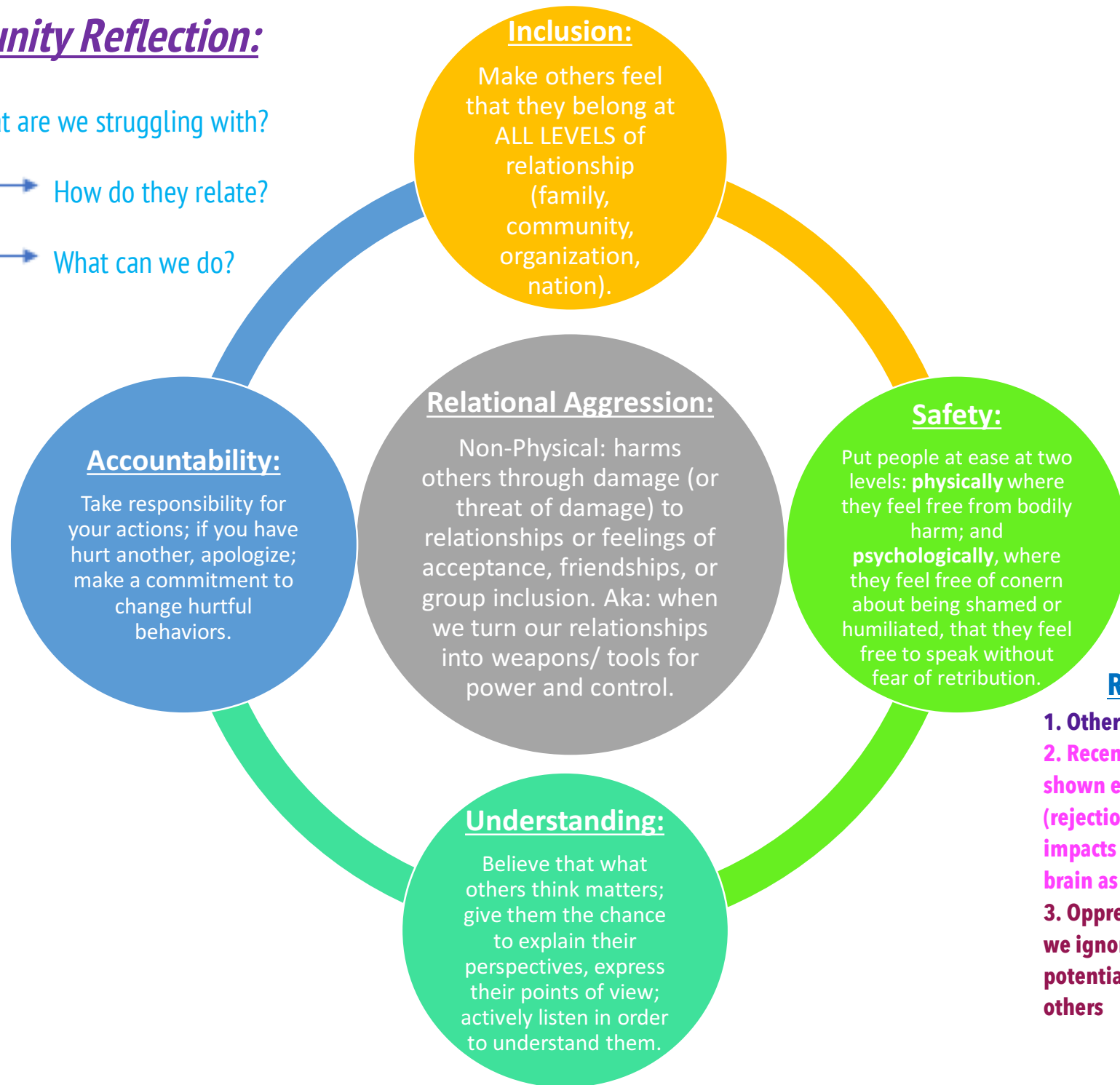


## Community Reflection:

What are we struggling with?

How do they relate?

What can we do?



### Remember:

- 1. Other People Matter**
- 2. Recent studies have shown emotional pain (rejection, isolation, etc) impacts the same parts of the brain as physical pain.**
- 3. Oppression happens when we ignore the voice, potential, and value of others**